## PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of Tampa Shotokan, Keith Kirk, their agents, owners, officers, volunteers, employees, and all other persons or entities acting in any capacity on their behalf, I hereby agree to release, indemnify, and discharge Tampa Shotokan and Keith Kirk, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that my participation in martial arts activities entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks include, among other things: slips and falls; falling from equipment; collision with fixed objects or people; muscular strains and tears, concussions, fractured bones, bruises, cuts, organ damage, nerve damage, head, neck and back injuries; scratches, bruises, sprains, lacerations, or even more severe life threatening hazards; psychological damage; dehydration; permanent disability; the possibility of eye damage or loss of hearing; the failure to work out safely or within one's own ability or within designated area; the negligence of other participants or persons who may be present; my own physical condition, and the physical exertion associated with this activity. Traveling to and from shows, meets or exhibitions raises the possibility of any manner of transportation accidents.

Furthermore, Keith Kirk and Tampa Shotokan personnel have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They may give incomplete warnings or instructions, and the equipment being used might malfunction.

- I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.
- I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Tampa Shotokan or Keith Kirk from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of Tampa Shotokan's or Keith Kirk's equipment or facilities, including any such claims which allege negligent acts or omissions of Tampa Shotokan or Keith Kirk.
- Should Keith Kirk or Tampa Shotokan or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
- In the event that I file a lawsuit against Tampa Shotokan or Keith Kirk, I agree to do so solely in the state of Florida, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against Tampa Shotokan or Keith Kirk on the basis of any claim from which I have released them herein. I also agree that this document is valid for subsequent visits and participation at Tampa Shotokan. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

| Signature of Participant |                                | Print Name            | <del></del>   |
|--------------------------|--------------------------------|-----------------------|---|
| Address                  |                                |                       | Phone   |
| Date                     | Email                          |                       |   |
|                          |                                |                       | ONAL INDEMNIFICATION  |
|                          | (Must be co                    | mpleted for participa | nts under the age of 18)  |
| In consideration of      |                                |                       | (print minor's name) ("Minor")  |
|                          | notokan or Keith Kirk from any |                       | and to use its equipment and facilities, I further agree to indemnify are brought by, or on behalf of Minor, and which are in any way |
| Parent or Guardian:      | Print                          | Name:                 | Date:   |